



# 1st Choice GMAC Real Estate

## STAUNTON TEN MILER

### INDIVIDUAL VOLUNTEER REGISTRATION

October 20, 2007 7am to 11am

In order to ensure the safety of runners as well as cheer them on, volunteers are needed throughout the race course. In addition to having a fun time and contributing to a community cause, all volunteers who register by **September 13, 2007** will receive a complimentary race shirt.

#### Responsibilities include

- Attending and Participating in volunteer training
- Arriving at assigned station by designated time
- Providing course direction to participants
- Cheering on participants!

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Snail Mail Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Age: \_\_\_\_\_ 18 years or older \_\_\_\_\_ Younger than 18 years

**(If you are younger than 18 years a parent or guardian must also sign this form)**

Shirt Size: Adult Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

Youth Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

Do you have transportation? \_\_\_\_\_ Yes \_\_\_\_\_ No

#### By submitting this volunteer registration form, I agree with the waiver below:

I understand that volunteering to work in races is a potentially hazardous activity. I assume all risks associated with volunteering in races, including but not limited to falls, contact with others, the effects of the weather (including high heat and/or humidity), the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of this agreement, I, for myself and anyone entitled to act on my behalf, waive and release 1st Choice GMAC Real Estate and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

Signed \_\_\_\_\_ Parental/Guardian Signature \_\_\_\_\_

For more information contact  
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