



FREE TOT TROT!

5 Years old and younger -
Register Now - Free Race T-Shirt for First 50 to register!!

Saturday, October 20th, 10:30am
Gypsy Hill Park Gym Parking Lot
(for parking, enter by the baseball field)

For details and registration check www.stauntontenmiler.com or contact
Runnin' Rob at (540) 457-1123 or staunton10mi@ntelos.net
Sponsored by 1st Choice GMAC Real Estate, Pufferbellies and many other local businesses -
all donations will benefit the Boys and Girls Club of Staunton